

ARTISTIC MOTION DANCE ACADEMY FALL 2018 - SPRING 2019 STUDIO A

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|--|---|--|
| | 8:30-9:30 Adult Pilates | | 8:30-9:30 Adult Pilates | 10:15-10:45 Angela's Angels (18 mo. - 2.5 yrs) | 10:00-11:00 Progressive Ballet Technique |
| | | | | 10:45-11:30 Combo Ballet/Tap (3-5) | |
| 3:45-4:30 Combo Ballet/Tap (3-5) | | 3:45-4:30 Creative Dance & Tumble (3-5) | | | 11:30-12:15 Hip Hop II/III (8+) |
| 4:30-5:15 Ballet I (6+) | 4:30-5:15 Ballet II (Beg./Int. 8+) | 4:30-5:15 Musical Theater II (9+) | 4:30-5:15 Jazz II (9+) | 4:30-5:15 Flexibility & Power Training | 12:15-1:00 Improvisation (8+) |
| 5:15-6:00 Jazz/HH (6+) | 5:15-6:00 | 5:15-6:00 Ballet III (Adv. 9+) | 5:15-6:00 Ballet II (Adv. 8+) | 5:15-6:00 Technique | |
| 6:00-6:45 Ballet III & IV (Adv. 9+) | 6:00-7:00 Ballet IV (Adv.) | 6:00-6:30 Pointe (must take Ballet III) | | 6:00-6:45 Adv. Acro/Tumble | |
| 6:45-7:15 Pointe (must take Ballet III/IV) | 7:00-7:30 Pointe (must take Ballet IV) | 6:30-7:15 Jazz III (Adv. 9+) | 6:30-7:15 Lyrical/Contemporary II (Beg. 8+) | 6:45-7:30 Jr. Hip Hop Crew <i>(Invitation only)</i> | |
| 7:15-8:15 Motion Apprentice Co. | 7:30-8:15 Lyrical/Contemporary III | 7:15-8:00 Technique | 7:15-8:00 Ballet III (Beg./Int. 9+) | 7:30-8:15 Elite Acc. Company <i>(Invitation only)</i> | |
| 8:15-9:15 Motion Company <i>(invitation only)</i> | 8:15-9:00 Jazz IV (Adv.) | 8:00-8:45 Lyrical/Contemporary II (Adv. 9+) | 8:00-8:30 Pre-Pointe (must take Ballet III) | 8:15-9:00 Adult Ballet | |
| | | | 8:30-9:00 Int./Adv. Acro/Tumble (8+) | | |



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